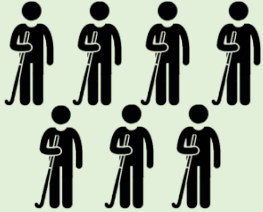


# U12 7 X 7

Number of players



7 on the pitch / max 12

Time of play




2 x 15'

Coach



On the sideline

Number of umpires



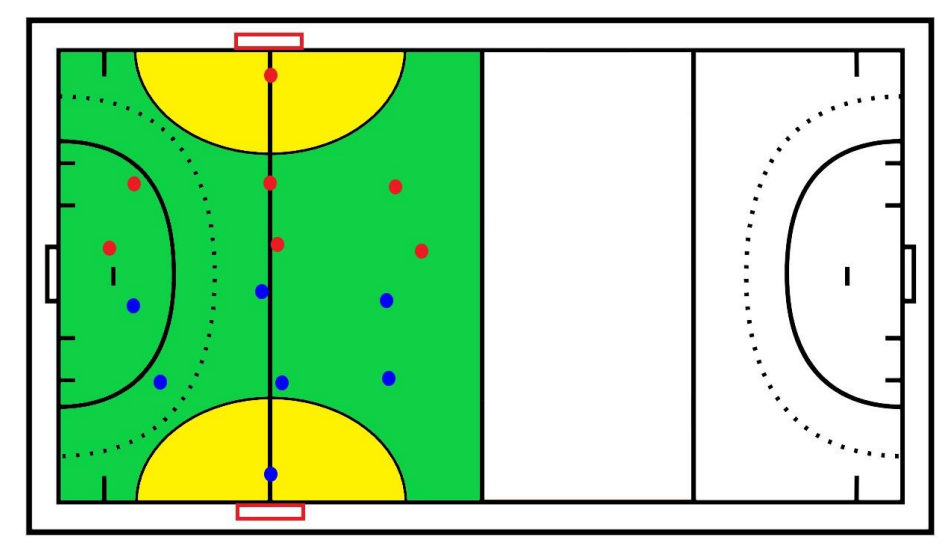
2

Goalkeeper



Mandatory, equiped

Field



1/2 of a full field, with normal goals

Fairplay



Shake hands at the end of the match

Back stick



Forbidden

Kick



Forbidden

High ball



Not above the shoulders, except shot at the goal

Dangerous play



Forbidden

Free hit / Ball out



Opponent 5m away

Self pass



Allowed

Penalty Corner

PC  
normal

Played normaly

Shinguards and gumshields compulsory for all field players !



Black Boys Hockey Club  
Genève

[www.blackboyshockey.ch](http://www.blackboyshockey.ch)



Stade Lausanne Hockey s/ Gazon  
Lausanne

[www.stadelausannehockey.com](http://www.stadelausannehockey.com)



Hockey Club La Côte  
Rolle

<http://www.lacote-hockey.ch>

## I am your umpire today ...

- On most occasions, I will be a school child/student, not an adult.
- Some decisions might even be against you – it's not a conspiracy.
- Don't judge me like an experienced World Panel umpire.
- There will be decisions I get wrong.
- I am learning each time I umpire.
- I love this game and I want your son or daughter to love this game too.



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Officials volunteer their time and energy to umpire your kids' games.

To err is human, and they remain humans.

Remember to thank them and show your respect.

**NO RESPECT – NO OFFICIALS – NO GAME**



Union Sportive Terre Sainte  
Coppet

[www.ustsfieldhockey.ch](http://www.ustsfieldhockey.ch)



Urania Genève Sport  
Genève

[www.ugshc.ch](http://www.ugshc.ch)



Hockey Club Riviera  
Vevey  
(site en construction)